



Kumar Desai, MD

Gastroenterology & Hepatology
& Advanced Therapeutic Endoscopy

Upper Endoscopy (EGD) / Endoscopic Ultrasound (EUS) / ERCP

Procedure Date: _____ Arrival Time: _____

- Los Robles Hospital:** 215 W. Janss Rd., Thousand Oaks, CA. Phone: (805) 497-2727
- Los Robles SurgiCenter:** 2190 Lynn Road, Suite 100, TO, CA. Phone: (805) 797-3737
- Thousand Oaks Endoscopy Center:** 227 W. Janss Road, Suite 240. Phone: (805) 371-0455

Preparation Instructions

Five days before the procedure:

Please avoid any blood thinners, aspirin, motrin, ibuprofen or pain medications, unless discussed with your doctor.

One Day before the procedure:

You may eat and drink normally until midnight the day before your procedure. No food or drink from midnight until after the procedure.

Day of the procedure:

DO NOT EAT OR DRINK ANYTHING THE DAY OF YOUR PROCEDURE.

If you take medication, you may have it the morning of the procedure with a small amount of water. This means few **SMALL** sips of water. You may brush your teeth

Bring your **driver's license, insurance cards and medication list** to the Center

You **must** be accompanied by a friend or relative to drive you home. Your safety is our priority this procedure will be cancelled without your ride present prior to procedure.

Special Instructions:

If you have any questions please call our offices at (805) 449-4278.