



Kumar Desai, MD

Gastroenterology & Hepatology  
& Advanced Therapeutic Endoscopy

## Upper Endoscopy (EGD) / Endoscopic Ultrasound (EUS) / ERCP

Patient: \_\_\_\_\_,

Procedure Date: \_\_\_\_\_ Arrival Time: \_\_\_\_\_

<input type="checkbox"/> <b>Los Robles Hospital Endoscopy Center</b> Ground Floor Endoscopy Lab 215 W. Janss Rd. Thousand Oaks, CA 91360 Phone: (805) 497-2727	<input type="checkbox"/> <b>Los Robles Surgical Center</b> 2190 W. Janss Rd. Ste. 100 Thousand Oaks, CA 91360 Phone: (805) 497-3737 <a href="http://www.losroblessurgicalcenter.com/">http://www.losroblessurgicalcenter.com/</a>
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### Preparation Instructions

#### Five days before the procedure:

Please avoid any blood thinners (coumadin), aspirin, motrin, ibuprofen or pain medications, unless discussed with your doctor. (For other anticoagulants please ask the office)

#### One Day before the procedure:

You may eat and drink normally until midnight the day before your procedure. No food or drink from midnight until after the procedure.

#### Day of the procedure:

**DO NOT EAT OR DRINK ANYTHING THE DAY OF YOUR PROCEDURE.**

If you take medication, you may have it the morning of the procedure with a small amount of water. This means few **SMALL** sips of water. You may brush your teeth

Bring your **driver's license, insurance cards and medication list** to the Center

We prefer that you be accompanied by a friend or relative to drive you home. Your safety is our priority. If you decide to use a Ride Share please notify the staff prior to procedure and notify a family/friend to check in on you.

Special Instructions:

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If you have any questions please call our offices at (805) 449-4278.